# **2022-2023 Behavioral Health Training Institute for Health Officials** Request for Applications

The National Council for Mental Wellbeing is pleased to announce the **2022-2023 Behavioral Health** *Training Institute (BHTI) for Health Officials.* 

Through a Request for Applications (RFA) process, up to 25 public health and behavioral health officials will be selected to participate in the eighth cohort of this eight-month professional development initiative. Selected health officials will gain direct access to training and technical assistance opportunities on behavioral health topics, including but not limited to:

- Cultivating mental health resiliency and supporting crisis leadership, especially amid public health emergencies such as COVID-19.
- Promoting health equity, addressing health disparities and integrating the social determinants of health.
- Building and/or enhancing trauma- and resilience-focused mental health and substance use supports.
- Addressing and integrating mental wellness in public health settings.
- Implementing evidence-based/informed behavioral health interventions.
- Building and/or enhancing cross-sector partnerships between public health and behavioral health systems.

### **Program Overview**

From December 2022 through July 2023, the BHTI cohort will participate in:

- One introductory webinar.
- One two-day in-person training.
- Up to six applied workshops on various mental health and substance use related topics, as well as trauma-informed, resilience-oriented leadership.
- Additional ongoing didactic trainings, interactive office hours, technical assistance engagements, peer resource sharing and Mental Health First Aid training(s).

The two-day in-person training will take place April 29-30, 2023, and will precede NatCon23 from May 1-3, 2023 in Los Angeles, California. Program participants will also be granted the opportunity to attend <u>NatCon23</u> (the National Council's conference on mental health and substance use care) for FREE. **Thanks** to support from the Centers for Disease Control and Prevention (CDC) Center for State, Tribal, Local, and Territorial Support (CSTLTS), the National Council will cover travel, lodging expenses and conference registration fees for program participants.<sup>1</sup>

To inform the technical assistance and resources offered throughout the program, applicants will be asked to complete a brief behavioral health training and technical assistance needs survey as part of the application process.



<sup>&</sup>lt;sup>1</sup> This project is supported by the Centers for Disease Control and Prevention (CDC) of the U.S. Department of Health and Human Services (HHS) as part of a financial assistance award totaling \$250,000 with 100 percent funded by CDC/HHS. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CDC/HHS or the U.S. Government.

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Up to 25 public health and behavioral health officials will be selected to participate in this year's program.

# **Program Activities**

Participants should be available to participate in the following program activities:

- One BHTI introductory/orientation webinar (tentatively scheduled for Thursday, December 15, 2022, from 2:30 p.m. – 4 p.m. ET).
- One two-day in-person training preceding NatCon23 in Los Angeles, California\*
  - The two-day in-person training institute (April 29-30, 2023) will include:
    - An interactive training to provide mental health tools to health officials using the Mental Health First Aid curriculum.
    - . An intensive behavioral health training institute in collaboration with the National Conference of State Legislatures (NCSL) and select state legislators and legislative staff focused on the systems, challenges and opportunities facing public health and behavioral health jurisdictions around the country.
    - Networking event: Public and behavioral health officials, select state legislators and legislative staff and leaders from across the health care field.
    - **NOTE**: The National Council will collaborate with NCSL on the two-day training institute, during which health officials will be joined by up to 24 selected state legislators and/or legislative staff.
- □ FREE access to NatCon23, May 1-3, 2023.
  - Conference programming for public and behavioral health official program participants, including the conference public health track workshop sessions.
  - Access to ground-breaking Conference speakers. Past NatCon speakers include: 0
    - Brené Brown, PhD, LMSW, social scientist and best-selling author
    - Vivek Murthy, MD, U.S. surgeon general
    - Hillary Clinton, American politician
    - Rahul Gupta, MD, MPH, MBA, FACP, the first medical doctor to ever head the Office of National Drug Control Policy (ONDCP)
    - Cynthia Marshall, a workplace culture pioneer and CEO of the Dallas Mavericks
    - Tom Insel, MD, top neurologist and former National Institute of Mental Health director
- □ Up to six applied workshops on various mental health and substance use related topics, as well as trauma-informed, resilience-oriented leadership.

# **Program Expectations**

The estimated time commitment for participation in this program for eight months is roughly 40-50 hours (introductory webinar, two-day training, NatCon23, up to six webinars and resource sharing). More information about previous NatCon conferences is available at https://eventscribe.net/2023/NatCon23/

Travel, lodging expenses and conference registration for the training institute (April 29-30, 2023) and NatCon23 (May 1-3, 2023) will be covered for program participants by the National Council. \*



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**\*NOTE**: In order for the National Council to cover a participant's travel, lodging and conference registration expenses, attendance at the two-day training is MANDATORY. Participants will be required to verify attendance in the two-day training.

# **Applicant Eligibility**

This opportunity is open to any public health official\* of a state, tribal, territorial or local governmental public health agency.

Public health officials may apply in partnership with a behavioral health official\*\* from a partnering behavioral health agency within their jurisdiction or as an individual. Preference will be given to team applications with one public health official and one behavioral health official.

\*Public health officials are the chief health officials or highest-ranking employees with administrative and managerial authority for governmental health agencies. According to the Association of State and Territorial Health Officials (ASTHO), state or territorial health officials are defined as "chief health officials for each U.S. state and territory, as well as the District of Columbia," and most often have job titles such as state health official (SHO), state health secretary or commissioner of health. The National Association of County and City Health Officials (NACCHO) defines local and tribal health officials as "the top executives at a local health department (LHD)" who are responsible for the overall administration of the LHD. Local and tribal health department top executives have many different titles across the United States such as director, health officer, nurse manager, health commissioner and others. The top agency executive is defined as the highest-ranking employee with administrative and managerial authority at the level of the LHD. In addition to tribal health officials working within a specific tribe/reservation, program participation is open to those urban Indian health officials serving in leadership positions within Urban Indian Health Programs (UIHPs) and Urban Indian Health Organizations (UIHOs). The National Council of Urban Indian Health (NCUIH) describes UIHPs as programs that "fulfill the federal government's health care-related responsibility for Indians who live off the reservations," which are typically managed by an executive director and board of directors. The Urban Indian Health Institute (UIHI) defines UIHOs as "private, non-profit corporations that serve American Indian and Alaska Native (AI/AN) people in select cities with a range of health and social services, from outreach and referral to full ambulatory care."

\*\*Behavioral health officials are eligible to apply only in partnership with a public health official from the public health department/agency within their jurisdiction. Behavioral health officials are identified as executive-level professionals with a behavioral health agency/organization providing direct services to individuals with mental health and/or substance use challenges. The behavioral health agency must be located in the same jurisdiction as the public health department/agency with which they are applying.

# **Application Submission**

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All applications are due by **11:59 p.m. ET** on **October 28, 2022,** and must be submitted online through the following link: <u>https://nationalcouncil.awardsplatform.com/</u>

Selected applicants will be notified on or before November 14, 2022.

Questions about the application or this initiative? Contact Youlim Song at YoulimS@thenationalcouncil.org



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# 2022-2023 Behavioral Health Training Institute

**Application Questions** (for reference only)

Do not print and fill out this application. All final applications must be submitted online at: <u>https://nationalcouncil.awardsplatform.com/</u>

#### Part I. Demographics.

Y/N				
If yes, please provide the past participants' name:				
Region I:	Region II:	Region III:	Region IV: AL, FL,	Region V:
CT, ME,	NJ, NY,	DE, DC, MD,	GA, KY, MS, NC,	IL, IN <i>,</i> MI,
MA, NH,	Puerto Rico,	PA, VA, WV	SC, TN	MN, OH, WI
RI <i>,</i> VT	Virgin			
	Islands			
Region VI:	Region VII:	Region VIII:	Region IX: AZ, CA,	Region X:
AR, LA,	IA, KS, MO,	со, мт,	HI, NV and the six	AK, ID, OR,
NM, OK,	NE	ND, SD, UT,	U.S. Associated	WA
тх		WY	Pacific Jurisdictions	
	If yes, please Region I: CT, ME, MA, NH, RI, VT Region VI: AR, LA, NM, OK,	If yes, please provide the p Region I: Region II: CT, ME, NJ, NY, MA, NH, Puerto Rico, RI, VT Virgin Islands Region VI: Region VII: AR, LA, IA, KS, MO, NM, OK, NE	If yes, please provide the past participantsRegion I:Region II:Region III:CT, ME,NJ, NY,DE, DC, MD,MA, NH,Puerto Rico,PA, VA, WVRI, VTVirginIslandsRegion VI:Region VII:Region VIII:AR, LA,IA, KS, MO,CO, MT,NM, OK,NEND, SD, UT,	If yes, please provide the past participants' name:Region I:Region II:Region III:Region IV: AL, FL,CT, ME,NJ, NY,DE, DC, MD,GA, KY, MS, NC,MA, NH,Puerto Rico,PA, VA, WVSC, TNRI, VTVirginIslandsIslandsRegion VI:Region VII:Region VIII:Region IX: AZ, CA,AR, LA,IA, KS, MO,CO, MT,HI, NV and the sixNM, OK,NEND, SD, UT,U.S. Associated

**\*NOTE:** Public health officials are eligible to apply for this opportunity as individual applicants OR as paired team applications in collaboration with their counterpart from a behavioral health organization within their jurisdiction. Applicants who are applying as paired teams in conjunction with a behavioral health official should provide their counterpart's contact information below. Responses to the short answer questions in Part III of this application should reflect both health officials.

Public health officials applying as individual applicants can skip the next section and go directly to Part II.

Partnering Behavioral Health Official (optional)		
First and Last Name		
Credentials		
Job Title		
Behavioral Health Agency		
Street Address		
City, State		
Zip code		
Email Address		

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Phone Number		Wellbeing
Have you or someone else	Y/N	
from your agency participated		
in this program before?	If yes, please provide the past participants' name:	

### Part II. Assessment.

This section will help inform the institute curriculum and the behavioral health training for health officials. We would like to know more about what content would make this training institute most valuable to you and your agency.

What types of behavioral health	Mental health prevention programming and treatment
(mental health and/or substance	Substance use prevention and screening
use) prevention programming,	Substance use treatment
treatment and supportive services	Substance use recovery and support services
are currently provided within your	Social services
health department's scope of	Crisis intervention
services?	Inpatient services
(this should include direct service	Mutual support groups and peer-run services
provision as well as via referrals to	At home through tele-behavioral or home-based services
other providers)	School-based services
	Other, please specify
What challenges or barriers does	
your agency face in addressing the	
mental health and/or substance	
use related needs within your	
jurisdiction?	
(200-word limit)	
Please describe any recent	
legislative or policy changes that	
have aided and/or presented	
challenges in your work to address	
behavioral health needs in your	
community or jurisdiction. (200-	
word limit)	



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Please select the top five behavioral health topic areas that you want to address through participation in this program AND briefly describe what you'd like to know more about related to the topic(s) selected.

Behavioral Health Topic Area	Would you like	Briefly describe what
	to learn more	specifically you'd like to
	about this topic?	know more about.
Building cross-state and cross-sector partnerships	•	
Trauma informed resilience-oriented care		
Certified Community Behavioral Health Clinics (CCBHCs)		
Behavioral Healthcare funding		
Crisis Care and 988		
COVID-19 and trauma-informed resilience-oriented		
care for leadership, staff and community mental health		
resiliency		
Mental health and substance use COVID-19 response		
and recovery		
Integrating mental health and substance use services		
into public health		
The science of addiction (e.g., using the science of		
drugs, brain science and behavior to develop effective		
prevention and treatment approaches)		
Public health programming addressing the opioid		
epidemic		
Mental health and substance use legislative/policy		
development		
Children's mental health and expanded access to		
mental health services		
Social Determinants of Health (SDoH) and other risk		
factors for addiction		
Intersection of health disparities, racial inequity and		
mental health equity		
Mental Health First Aid <sup>®</sup> (e.g., training provision,		
expanded target audiences, legislative support)		
Mental health and substance use partnerships with		
criminal justice/legal system		
Workforce development: Building behavioral health		
capacity among public health workforce		
Integrating substance use treatment services into		
public health/primary care settings		
Behavioral health treatment models that can be		
adapted for and implemented in public health		
systems/settings (e.g., collaborative care, SBIRT,		
problem-solving treatment behavioral activation,		
motivational interviewing)		

Extending the care continuum to support long-term
for Mental

Extending the care continuum to support long-term
Wellbeing

recovery
Harm reduction models that address substance use

issues
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### Part III. Short Answer.

- **1.** Why are you interested in participating in the Behavioral Health Training Institute for Health Officials program? (400-word limit)
- 2. What do you hope to gain from participating in this program? (250-word limit)
- 3. Please describe any collaborations/partnerships you currently have and/or wish to have with mental health and substance use partners. Please include a description(s) of any projects/initiatives that could be leveraged to support organizational change. If you do not currently have existing collaborations/partnerships, please indicate any plans/ideas you have related to establishing such. (250-word limit)

#### Question #4 for paired team applications only:

**4.** What enhanced/improved partnership opportunities between your respective agencies do you anticipate by participating in this program? (250-word limit)

	Please confirm all of the activities you will participate in if selected.		
Each participant should	Introductory webinar for health officials: Tentatively		
commit to participating in the	scheduled for Thursday, December 15, 2022, from 2:30 p.m. – 4		
outlined program activities.	p.m. ET.		
	Up to six applied workshops: Workshops are tentatively		
	scheduled to occur monthly, beginning in January 2023. Topics		
	are TBD based on participant assessment needs.		
	2-day BHTI in-person training:		
	Saturday, April 29 – Sunday, April 30, 2023		
	NatCon23, which will feature a customized public health track		
	for health officials and renowned expert speakers.		
	Monday, May 1, 2023: Day 1, NatCon23		
	Tuesday, May 2, 2023: Day 2, NatCon23 (continued)		
	Wednesday, May 3, 2023: Day 3, NatCon23		
	(continued), ends by 1 p.m.		
	Behavioral Health Training Institute for Health Officials cohort		
	file-sharing website, which will include a resource library,		
	regular posting of latest and greatest news and tools in		
	behavioral health and access to National Council webinars		
	customized to meet the identified needs of health officials.		

### Part IV. Participation Checklist and Applicant Confirmation.